



Mandan Parks and Recreation Women's & Coed Sand Volleyball Rules



A. Scoring and Time

1. **Matches will consist of three rally-point games up to 25 points. Teams must win by two points. Cap at 27.**
2. During Tournament play the matches will be best two out of three with the third game being played to 15.
3. Matches need to be finished in 50 minute time limit due to daylight availability. The Monitor/Referee has the authority to shorten games if need be.

B. Net Play

1. You may go completely under the net into your opponent's court as long as there is no interference with the opponent.
2. The ball must cross the net anywhere between, but not over, the poles. Net antennas are not used.
3. The ball can contact any part of the net and its supporting ropes and cables, but not the poles or eyehooks during play. This rule also applies to serves.

C. Playing the Ball

1. Soft tip (open hand, fingertip) is allowed.
2. When digging a hard-driven spike, it can be double-hit and momentarily lifted. Open hand digs are okay.
3. A player may have successive contacts with the ball during a single attempt to make the team's first contact, provided the fingers are not used to direct the ball.
4. A touch on the block will not count as one of the three contacts allowed per team.
5. The ball can be played with all parts of the body.
6. When using a setting motion to send the ball into the opponent's court it must be released in the direction in which the shoulders of the player are facing either front or back.
7. Recently changed: beach rules now require the server to clearly release or toss the ball before contacting the ball for serve.
8. A player may only have one toss per serve attempt.
9. It is illegal to move the court boundaries during the serving motion, even if the movement is caused by sand.
10. No replay for "joust" above the net. Play continues as if the contact was instantaneous.
11. "Continuation" still exists in the beach game, meaning, for example, if you touch the net after spiking a ball it is still a "net" even if the spike hit the sand before you touched the net.

COED:

1. Matches will consist of three rally-point games to 25 points. Teams must win by two points. Cap of 27.
2. During Tournament play the matches will be best two out of three with the third game being played up to fifteen.
3. Players may be rostered on more than one team provided that those teams participate on different nights.
4. Forfeit time for the first set of the match is game time. Forfeit time for the second set of the match is 10 minutes after game time and forfeit time for the third set of the match is 15 minutes after game time.
5. **Teams consist of six on the court. Teams may have more females on the court than males, but may not play with more males than females. Each team must have at least four on the court and ready to play to begin a match. The combination may be 3 females and 1 male, 2 males and 2 female or 4 females (up to six players).**
6. In Coed, the serving order must alternate male and female OR if there are more females than males, no males can serve back to back.
7. When the ball is played more than once by the same team, a female player shall make at least one of the contacts. There is no requirement for a male player to contact the ball, regardless of the number of hits by a team.