



**2023 Adult Fall Volleyball
Woman's E-1 Division**

**All matches played at All Seasons Arena (ASA)
905 9th St NW**

TEAM	MANAGER	PHONE
1. Vicky's Sports Bar	Lynn Dee Bowers	701-220-3051
2. ND Life Spa	Annie Blackwood	701-425-5801
3. Lifevantage	Brooke Wiedrich	701-226-1728
4. Bis-Man Drywall	Kristin Wald	701-319-2405
5. Rio Lawn & Landscape	Carissa Mongeon	701-226-8361
6. Powerhouse	Savannah Schmidt	701-391-1588
7. Heritage Exteriors	Austyn Bruington	701-425-3831
8. Lonesome Dove	Cheryl Chimi	701-202-9841

Sept 13	Sept 20	Sept 27	Oct 4
5 vs. 6 6:30-Ct.1	2 vs. 3 6:30-Ct.2	1 vs. 7 6:30-Ct.3	2 vs. 8 6:30-Ct.1
3 vs. 4 7:20-Ct.1	1 vs. 8 7:20-Ct.2	3 vs. 5 7:20-Ct.3	4 vs. 6 7:20-Ct.1
1 vs. 2 8:10-Ct.1	6 vs. 7 8:10-Ct.2	4 vs. 8 8:10-Ct.3	1 vs. 5 8:10-Ct.1
7 vs. 8 9:00-Ct.1	4 vs. 5 9:00-Ct.2	2 vs. 6 9:00-Ct.3	3 vs. 7 9:00-Ct.1

Oct 11	Oct 18	Oct 25
5 vs. 7 6:30-Ct.2	1 vs. 4 6:30-Ct.3	6 vs. 8 6:30-Ct.1
1 vs. 6 7:20-Ct.2	2 vs. 7 7:20-Ct.3	4 vs. 7 7:20-Ct.1
3 vs. 8 8:10-Ct.2	3 vs. 6 8:10-Ct.3	2 vs. 5 8:10-Ct.1
2 vs. 4 9:00-Ct.2	5 vs. 8 9:00-Ct.3	1 vs. 3 9:00-Ct.1

Season Ending Tournament

Nov 1st, 8th, 15th - Tournament Schedules will be emailed to managers and posted online at www.mandanparks.com after the **October 25th** matches.

Managers, please pass this information on to your players:

Players need to make sure they have a change of shoes. The shoes you wear into the gym may not be worn to play volleyball. Please make sure you have shoes that do not leave black marks. No Jewelry may be worn when playing volleyball. A flat ring will be ok to wear. No hats or bandanas will be allowed during play. Also, please make sure you show up at least 10 minutes before your match. Match time will be forfeit time for the first game and 5 minutes for the second game and 15 minutes for the 3rd game. If matches are running behind schedule, there is no guaranteed warm-up time for the next match.