



Mandan Parks and Recreation Women's & Coed Sand Volleyball Rules

Rosters must consist of at least 7 players. All players must be listed on their team's roster and pay their fees to be eligible to play. All roster additions and changes must be made by June 17, 2024. The penalty for illegal players will be forfeiture of all sets played with the illegal player.

A. Scoring and Time

1. **Matches will consist of three rally-point games up to 25 points. Teams must win by two points. Cap at 27.**
2. During Tournament play the matches will be best two out of three with the third game being played to 15.
3. Matches need to be finished in 50 minute time limit due to daylight availability. The Monitor/Referee has the authority to shorten games if need be.

B. Net Play

1. You may go completely under the net into your opponent's court as long as there is no interference with the opponent.
2. The ball must cross the net anywhere between, but not over, the poles. Net antennas are not used.
3. The ball can contact any part of the net and its supporting ropes and cables, but not the poles or eyehooks during play. This rule also applies to serves.

C. Playing the Ball

1. Soft tip (open hand, fingertip) is allowed.
2. When digging a hard-driven spike, it can be double-hit and momentarily lifted. Open hand digs are okay.
3. A player may have successive contacts with the ball during a single attempt to make the team's first contact, provided the fingers are not used to direct the ball.
4. A touch on the block will not count as one of the three contacts allowed per team.
5. The ball can be played with all parts of the body.
6. When using a setting motion to send the ball into the opponent's court it must be released in the direction in which the shoulders of the player are facing either front or back.
7. Recently changed: beach rules now require the server to clearly release or toss the ball before contacting the ball for serve.
8. A player may only have one toss per serve attempt.
9. It is illegal to move the court boundaries during the serving motion, even if the movement is caused by sand.
10. No replay for "joust" above the net. Play continues as if the contact was instantaneous.
11. "Continuation" still exists in the beach game, meaning, for example, if you touch the net after spiking a ball it is still a "net" even if the spike hit the sand before you touched the net.
12. The ball may touch any part of the body. The ball can rebound from any part of the body, including the legs and feet, but **KICKING IS NOT ALLOWED**. Any motion or attempt to kick the ball during play will result in a rally point/side out to the opponent.
13. **Kicking the ball is NEVER allowed after the play is called dead**. Anyone who intentionally kicks a ball after the play is called dead will be sanctioned for unsportsmanlike conduct and a rally point/side out will be awarded to the opponent.

COED:

1. Matches will consist of three rally-point games to 25 points. Teams must win by two points. Cap of 27.
2. During Tournament play the matches will be best two out of three with the third game being played up to fifteen.
3. Players may be rostered on more than one team provided that those teams participate on different nights.
4. Forfeit time for the first set of the match is game time. Forfeit time for the second set of the match is 10 minutes after game time and forfeit time for the third set of the match is 15 minutes after game time.
5. **Teams consist of six on the court. Teams may have more females on the court than males but may not play with more males than females. Each team must have at least four on the court and be ready to play to begin a match. The combination may be 3 females and 1 male, 2 males and 2 female or 4 females (up to six players).**
6. In Coed, the serving order must alternate male and female OR if there are more females than males, no males can serve back to back.
7. When the ball is played more than once by the same team, a female player shall make at least one of the contacts. There is no requirement for a male player to contact the ball, regardless of the number of hits by a team.

UNSPORTSMANLIKE CONDUCT

No player shall at any time lay a hand upon, shove, strike, threaten, or verbally abuse an official, player, teammate, or spectator. Officials are required to suspend the player immediately from further play and report such players to the Mandan Park District Recreation Supervisor.

SUSPENSION:

1st red card- point for other team and suspended for (1) match.

2nd red card- point for other team and suspended for (2) matches.

3rd red card- point for other team and suspended for the season.

MANAGERS ARE RESPONSIBLE FOR THE CONDUCT OF PLAYERS AND FANS.

OFFICIALS

1. If at any time you have a dispute with an official's call, please allow only the captain to talk to the official. Proper behavior and courtesy toward an official will be enforced.
2. If an official doesn't show up to their scheduled matches, please start your match in order to stay on time. Every effort will be made to find a replacement official. Make sure that you write your scores down on the score sheet after each set in the match.
3. If you know of anybody who may be interested in officiating, have him or her call Casey at the Mandan Park District at 663-8469.