

# MANDAN YOUTH BASKETBALL LEAGUE RULES

**Eligibility:** Principals may make a player ineligible due to poor grades or for disciplinary action. Coaches may make players ineligible only for continued absences or behavior issues. Talk to the parents about your team rules at the first meeting.

**Participation:** Each player is required to play a minimum of 20 minutes per game and start either the first half or the second half unless the roster size doesn't permit. It may be difficult to keep track of exact playing time, but try to keep in mind that all players should see equal playing time.

**Pick – Up Players:** If you need to pick-up a player for any reason, the pick-up player is not allowed to start. Keep in mind that your own players need to play first. A pick-up player is only allowed to play in the game to give players a rest. Coach or pick-up player needs to notify the scorekeeper and official that they are playing for a different team. **You can only pick up players to equal 8 total players for your team. This will give you three subs. Coaches need to use their own players first, and use the subs only in situations.**

## **GAME RULES:**

Two 20 minute running time halves will constitute a game.

Clock will be stopped during the last two minutes of the game on whistles, if the game is 10 points or less. There will be a three-minute half time.

Two thirty-second timeouts per half per team.

Shooting fouls will be shot from 15 ft. for the 4<sup>th</sup> and 5<sup>th</sup> grade and 14 ft for 2<sup>nd</sup> and 3<sup>rd</sup>.

Alternating jump ball. No 3 point baskets.

Hoops are set at 10 feet for 4<sup>th</sup>/5<sup>th</sup> grade and 8 feet for 2<sup>nd</sup>/3<sup>rd</sup> grade.

**Man to man defense only. Pressing is only allowed in the 4<sup>th</sup> and 5<sup>th</sup> grade division and only in the last 2 minutes of the game. Teams may not press if the point difference is over ten points. No double-teaming is allowed except to help around the basket.**

Coaches are responsible for good sportsmanship of players and fans as well as themselves.