



1st & 2nd Grade Youth Volleyball League Rules

Eligibility: Principals may make a player ineligible due to poor grades or disciplinary action.

Participation: Each player must receive equal playing time. Teams consist of six players on the court with substitutes entering the middle back row. Each player must play in the proper set rotation. If a team has less than the required number of players present, the opponent can still play with all their players.

Philosophy & Goals: The league is designed to teach basic skills, game rules, fair play, sportsmanship and teamwork, and, most importantly, the league is designed for fun! With your help, each child will leave the program with a “love for the game” along with the knowledge of the basic skills and rules.

Match Rules:

1. Players will play two 15 minute sets after a 15 minute practice/warm up.
2. No score will be kept.
3. Matches are played on a regulation size court with a net height of 7 feet.
4. Players will use beginner style volleyball for all practices and matches.
5. Players may serve from anywhere behind the ten foot line.
6. Foot faults will not be called.
7. Overhand serving is not allowed.
8. Players will get 2 consecutive service attempts. If there is not a successful serve, the ball will be entered by a toss into play. The resulting side out will determine which team serves next.
9. Coaches from each team will be on the court and working together to ensure fair play. Feel free to stop the game and explain the rules and situations to players as necessary. We want the players to learn the game during practice as well as games.
10. Officials are not guaranteed, but I will try to have one available.

Coaches' Guidelines:

All volunteers will be treated as Park District staff and must follow these guidelines:

Be punctual. Coaches must arrive at least 10 minutes before the players and leave only after all players have left.

Present yourself appropriately in dress, cleanliness, and behavior. Wear proper shoes and clothing.

Fulfill job responsibilities and promote the program, staff, and Park District in a positive manner.

Bring new ideas, suggestions, or concerns to the Site Coordinator or Recreation Supervisor.

Find a qualified substitute if you cannot attend a scheduled practice and/or match and notify the Recreation Supervisor. Assistant coaches or substitute coaches need to fill out a background check.

Recreation Supervisor

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